**ONLINE SAFETY**

1. Limit information shared online.
2. Do not share information while gaming even if they offer you free games.
3. Keep watch if children seem dependant on their online activities or seem moody.
4. Do not give in to threats, they will keep getting worse. Say no and reach out to someone who can help.
5. Information once shared online stays there forever.
6. Do not share photographs that you are not comfortable being shared in public.
7. Do not turn to social media when feeling depressed. Details of other people’s exciting lives may bring you down further.
8. Make your password really strong.
9. Nobody can take your picture or upload it without your permission.
10. Cyber bullying is punishable.
11. Internet is good.
12. Block unwanted people, calls and messages.
13. Set Privacy settings at Maximum.
14. Smartphones have GPS locations attached to them so be careful when you share photographs.
15. Block out sexually suggestive messages or chats from unwanted people.
16. Do not delete or deactivate accounts or text. Backup information for proof.

**REACH OUT WHEN IN TROUBLE**

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